



# Dodgeball Rules

**Number of Players:** 8 players, 2 must be female

**Field:** Medium Field

**Boundaries:** No player may cross center white line. Any player that crosses the line will be called out. All player must stay on there court.

**Dead Balls:** The ball is dead when, hits wall, nets, and floor

**Hits:** All the body is legal to hit (head shots count)

**Outs:** You're out when, you are hit with the ball, cross the boundary lines, and a player catches your throw. Once you're out will remain out until the end of the game

**Games:** Teams will play as many 5 minute games t in the 25 minute time period.

**Points:** Teams earn points for the number of players left on the field after each game.

## **Fredericksburg Field House**

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